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What other therapies do you offer?

Bowen Therapy (Bowtech)

What makes you passionate about using colour therapy puncture? What are your clients saying about you?

There is a beautiful treatment in Colour Puncture named Metamorphosis. This is what the therapy has done for me - it has transformed my life. I received my first treatment in Bali in 2012 and was so blown away by the experience that I came home 'needing' to learn this amazing therapy. Colour is gentle yet powerful. It is simple yet can undo what seems so complicated. It is a master puzzle solver in its ability to untangle layers.

Simply put, Colour Puncture restores flow. People ask what sort of problems I address and the answer is, "I unstick people - physically, emotionally and spiritually. I help them to move forward". Please see my website for testimonials from my clients and more about me and the session I offer.